



13TH ANNUAL CRESTWOOD KID'S TRIATHLON



- When:** Saturday, August 26, 2017 @ 8am
- Where:** Crestwood Aquatic Center at Whitecliff Park
- Age Groups:** 5-6, 7-8, 9-10 and 11-12
- Awards:** Everyone that finishes will be awarded a participation prize!
- Registration:** EARLY BIRD (guarantees shirt size) ends on August 11: \$32
After August 9: \$32 (T-shirt not guaranteed)
REGISTRATION CLOSES Monday, August 21!
Participation limited to first 100 registered.
- Packets:** May be picked up from noon to 6pm on Friday, August 25 and at the Crestwood Aquatic Center (next to the Community Center) from 6:30 to 7:45am on race day.
- Course:** The **swim** leg will be 25 yards for the two youngest groups/75 yards for the two oldest groups and will be held in the Crestwood Aquatic Center competition pool.
The **bike** portion will be 1 mile for the two youngest groups/2 miles for the two oldest groups and will take place on residential streets adjacent to Whitecliff Park.
The **run** portion will be ½ mile for the two youngest groups/1 mile for the two oldest groups and will be on sidewalks and fields in Whitecliff Park.
The transition area will be in the circle drive at the front of the Aquatic Center.
- Safety:** Non-swimmers may complete the swim with the aid of an approved floatation device. Training wheels, tricycles or scooters will not be permitted. All participants must wear a CPSC approved helmet while on bikes. Bicycle safety inspections are recommended, but not required, prior to the morning of the event.
- Chip Timing:** The event will be timed by Big River Running Race Management. Chip timing services will be provided. Total time will be kept with no splits.
- After:** The competition pool will be open for participants and their sibling's enjoyment while the times are being tabulated. Refreshments will be available and attendance prizes will be drawn for.
- Volunteers:** **Your assistance is needed!** Please contact Phil Lanio @ 314-729-4860 to help. Volunteers will receive 2 free 1-day admissions to the Aquatic Center for their help. Course marshals, timers, refreshment servers as well as set-up/clean-up help will be needed.



— City of Crestwood Parks and Recreation



KID'S TRIATHLON ENTRY FORM

Child's Name: _____ Age on Aug. 26, 2017: _____ Birth date: _____

Parent's Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ Work/Cell Phone: _____ Sex: M F

E-Mail: _____ Shirt Size: (circle 1) Youth: S M L XL Adult: S M L

Fee Enclosed \$ _____ Cash Check (payable to City of Crestwood)

AGREEMENT TO RELEASE AND HOLD THE CITY OF CRESTWOOD HARMLESS

In consideration of the City's permitting my participation in the Program(s) specified above, I agree as follows:

I, for myself and my personal representatives, release and discharge the City of Crestwood, its agents, officers and employees, from all claims for personal injury, damage or loss of property, liability or expense, including attorney's fees, arising out of my participation in the above Program(s) not withstanding any claim of fault or negligence (whether sole, concurrent or otherwise) on the part of the City, its agents, officers or employees.

I, for myself and my personal representatives, agree to defend, indemnify and hold the City of Crestwood, its agents, officers and employees, harmless against all claims which may be asserted by others for personal injury, damage or loss to property, liability or expense, including attorney's fees, occasioned by any of my acts or omissions not withstanding any claim of fault or negligence (whether sole, concurrent or otherwise) on the part of the City, its agents, officers or employees.

I do hereby grant and give the City of Crestwood the right to use my or my child's photograph or image for any publications or promotions of the activities or facilities of the City of Crestwood.

Signature Parent or Legal Guardian

Date

DROP OFF OR MAIL PAYMENT & COMPLETED FORM TO:

CRESTWOOD PARKS & RECREATION • 9245 WHITECLIFF PARK LANE • CRESTWOOD, MISSOURI 63126