

CRESTWOOD NEWSLETTER

SEPTEMBER-OCTOBER 2025

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Guide Fall 2025**

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Crestwood Night Out Returns

Join A Community Block Party Sep. 13

Crestwood Night Out is your chance to host or join a neighborhood block party on Sept. 13, from 5–9 p.m. Enjoy visits from the Police Department, Fire Department, Mayor, and elected officials. Sponsored by the Crestwood Police Department, this beloved annual tradition brings neighbors together, builds stronger bonds, and takes a united stand for safety and community spirit.

Whether you're a longtime resident or brand new to Crestwood, it's the perfect night to get outside, meet your neighbors, and enjoy an evening of food, fun, and connection.

New This Year - Let's Party Together!

In past years, Crestwood Night Out has included more than 20 block parties in a single evening. While the enthusiasm has been incredible, the high number of gatherings meant our officers and firefighters could only spend a few minutes at each stop—limiting the chance for real connections.

This year, we're encouraging neighbors to consider joining an already established block party in their ward (see the "Join a Party Near You" chart). Consolidating events means more quality time for our public safety teams and more interaction with residents. Community Resource Officer Dion Olson has already connected



with host neighbors in all four wards, and many are excited to welcome additional households.

Still Want to Host Your Own Party?

You're welcome to! Just keep in mind that if the number of parties remains high, we can't guarantee visits from the Police or Fire Department.

Hosting is easier than you think—and City staff will help guide you through the process. Simply complete the quick application at cityofcrestwood.org or scan the QR code, and we'll make sure you're set for success.

Why It Matters

When neighbors know one another,

Join a Party Near You

Join an already established block party in your neighborhood. Choose from the list below or view the map by scanning the QR code below.

Ward 1

- 9411 High Hill Ct
- Vandervoort Ct.

Ward 2

- 9713 Twincrest Dr.
- Lopina Blvd
- Spellman Park
- Fox Park Dr. & Norcross Dr.

Ward 3

- Our Lady of Providence Catholic Church
- Grant Park Dr. & Grant Haven Dr.
- Queenston Dr. & Lawndale Dr.

Ward 4

- Meadowfern Dr. at Laurel Crest Dr.



they look out for each other. That's the heart of Crestwood Night

Out—building trust, communication, and resilience.

Throughout the evening, our police officers, firefighters, elected officials, and Public Safety

Board members will visit registered block parties. And

keep your eyes open—McGruff the Crime Dog might make a special appearance!

Questions? Contact Community Resource Officer Dion Olson at 314-729-4824 or dolson@cityofcrestwood.org. Let's make Crestwood Night Out 2025 our best yet—we can't wait to see you out there!

CRESTWOOD CONNECT



Volunteers Needed To Tend Pollinator Garden

Volunteers are needed to help care for the recently planted pollinator garden at the Government Center. Workdays take place on the first and third Fridays of each month from 10 a.m. to noon. No registration needed—just show up and lend a hand. Contact conservation@cityofcrestwood.org for more info.

Street Tree Planting Program

Eligible residents can receive a tree planted by the City in the right-of-way near their home—potentially at no cost. To participate, residents must submit an application and select a species from the City's approved list. All planting sites will be evaluated by City staff for suitability. Acceptance is based on site conditions, funding, and availability. Apply at cityofcrestwood.org/street-tree or scan the QR code.



Fitness Class Survey

Help shape the future of fitness at the Crestwood Community Center. Let us know which formats you're most excited about, from Zumba and Yoga to Bootcamp and Barre. It only takes a minute! Scan the QR code or visit surveymonkey.com/r/DJ9BFQ5 to take the survey.



SunCrest Fest Returns Oct. 25

The Cities of Crestwood and Sunset Hills are thrilled to announce the return of SunCrest Fest, presented by Pella Windows & Doors of St. Louis, now set for Saturday, Oct. 25 at Kitun Park (12343 Eddie & Park Road).

The event kicks off with a community parade at 10:15 a.m., followed by a full day of entertainment, activities, and local flavor from 11 a.m.-6 p.m. at the festival fairgrounds.

New this year, attendees can look forward to a reimagined festival experience designed to be more accessible, engaging, and enjoyable for all ages.

Event Highlights

- Live music by Jukebox Heroes (noon–2 p.m.) and Pure Nectar (4–6 p.m.), plus DJ Shaggy Sounds throughout the day
- A classic car trunk-or-treat and car show from 11 a.m.-1 p.m.
- Family favorites like the ice skating rink (skates provided), variety of inflatable attractions, corn maze, agility course, skill games, and slides
- A wide selection of food booths, beverages, and community vendors offering fall flavors and local favorites



PRESENTED BY



Windows & Doors
of St. Louis

Admission is free, and attraction bracelets—which provide unlimited access to inflatables and the ice rink—are available for \$25 in advance or \$30 at the event. Bracelets go on sale Sep. 2 at the Crestwood Community Center or Sunset Hills Community Center.

Parking & Accessibility

Parking is located behind Enterprise Bank (3890 S. Lindbergh Blvd.), a short walk to the festival entrance. A golf cart shuttle will be available for those with mobility needs. Free shuttle service will run continuously from two remote parking locations—South Technical High School and Watson Trail Park—to the main entrance throughout the event.

For more info, visit suncrestfest.org or follow the cities of Crestwood and Sunset Hills on social media.

Trees Matter In Crestwood & Beyond

Caring for our urban forest starts with the trees in our own backyards. Regular watering and pruning are essential to tree health—but it’s just as important to understand why trees matter in Crestwood and beyond. From improving air and water quality to reducing heat and supporting biodiversity, trees play a vital role in our environment and community.

In Missouri, trees should be assessed by a certified arborist every three years—or more often if they’re large, newly planted, diseased, or in storm-prone areas. Regular inspections help catch problems early, often saving money while preventing property damage or bodily injury.

Helping the Community

- Neighborhoods with trees report stronger social connections, higher civic engagement, and lower crime rates.
- Trees increase residential and commercial property values by an average of 7%.
- Trees reduce stress, lower blood pressure, and improve mental well-being. Access to green spaces is linked to reduced asthma, better job satisfaction, faster healing



in hospitals, and lower rates of obesity.

Battling the Elements, Helping the Environment

- Urban trees reduce stormwater runoff by intercepting rainfall, promoting soil infiltration, and filtering pollutants. A single mature tree can intercept hundreds—even thousands—of gallons of rainwater each year.
- Properly placed trees reduce cooling and heating costs. One healthy tree has the same cooling power as 10 room-sized air conditioners running for 20 hours a day. Shade trees can cut daytime air conditioning costs by up to 58%.
- Urban areas without trees can be up to 22°F hotter than areas with canopy cover. Tree shade cools surfaces, protects public health, and helps reduce heat-related illnesses and deaths.
- Trees remove up to 60% of street-level air pollution, including dust, ozone, and carbon dioxide. U.S. urban trees remove more than 822,000 tons of air pollution each year.

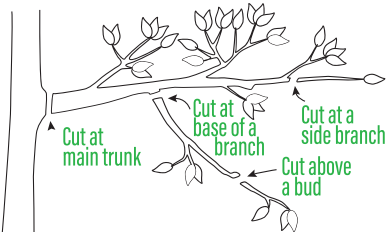
Timing Your Pruning Is Important

To minimize damage and synchronize with the natural growth cycle, prune in winter (January, February). Avoid heavy pruning as leaves are expanding in early spring (April, May), when tree energy reserves are low. Timing for light pruning is less critical. For maximum display of spring flowering species, prune after bloom (June or later). **Prune dead limbs and branches at any time.**

	J	F	M	A	M	J	J	A	S	O	N	D
Best Time	●	●										●
Worst Time				●	●							
Light Pruning	●	●	●			●	●	●	●	●	●	●

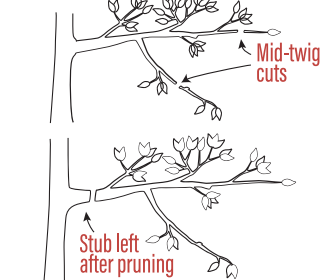
Remove Whole Limbs/Branches

YES



Always cut back to the main trunk, base of a branch or above a bud. This technique respects natural growth patterns.

NO



Do not leave a stub. Do not cut in the middle of a branch or twig. Pruning in this manner creates entry points for decay and pests.

Help Your Trees Thrive

Maintaining healthy trees is just as important as planting them. Improper pruning can harm a tree’s health and safety. Scan the QR code or visit cityofcrestwood.org/494/Conservation to learn more about proper tree care.

Support efforts to expand tree canopy in your community—especially in neighborhoods with fewer trees. Advocate for equitable access to green space, connect with local tree programs, or simply start a conversation with your neighbors about the benefits of trees. Together, we can create greener, cooler, and healthier places to live.



1 Detjen Drive
Crestwood, MO 63126
cityofcrestwood.org

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INSIDE THIS ISSUE

Activity Guide

FALL 2025

UPCOMING MEETINGS

Visit cityofcrestwood.org for meeting updates and cancellations.

Sep 1, Labor Day

Community & Government Centers Closed

Sep 3 & Oct 1 - 6 p.m.

Planning, Zoning & Arch. Review Commission

Sep 8 & Oct 13- 6:30 p.m.

Charter Review Commission

Sep 9, 23, Oct 14 & 28 - 7 p.m.

Board of Aldermen Meeting

Sep 11 & Oct 9 - 7 p.m.

Board of Zoning Adjustment

Sep 17 - 7 p.m.

Public Works Board

Sep 29 - 7 p.m.

Public Safety Board Meeting

Oct 21 - 7 p.m.

Park Board Meeting

Contact Information

Government Center

314-729-4700

Police Nonemergency

314-729-4800

Fire Nonemergency

314-729-4740

Public Works

314-729-4720

Community Center

314-729-4860

Municipal Court

314-729-4776

City Administrator

Kris Simpson, ICMA-CM

ksimpson@cityofcrestwood.org

MAYOR

Scott Shipley

sshipley@cityofcrestwood.org

BOARD OF ALDERMEN

Ward 1

Jesse Morrison

jmorrison@cityofcrestwood.org

Jim Zavist

jzavist@cityofcrestwood.org

Ward 2

Michael Balles

mballes@cityofcrestwood.org

Rebecca Now

rnow@cityofcrestwood.org

Ward 3

Greg Hall

ghall@cityofcrestwood.org

Grant Mabie

gmabie@cityofcrestwood.org

Ward 4

Megan Gadallah

mgadallah@cityofcrestwood.org

John Sebben

jsebben@cityofcrestwood.org

CRESTWOOD, A PLACE FOR *Community*



Crestwood Parks & Recreation

Activity Guide

FALL 2025

BACK TO NATURE

Volunteers needed for honeysuckle hack event at Crestwood Park Oct. 4 - Page 6



SUNCREST FEST RETURNS OCT. 25

New format and fall date for annual festival - Page 8

BACK IN ACTION LOW BACK EXPO

Helping people manage, treat, and prevent low back pain - Page 13

CRESTWOOD
Parks and Recreation



Staff Directory

Director of Parks & Recreation

Eilien Ramirez, CPRP

eramirez@cityofcrestwood.org

314-729-4861

Recreation Manager

Phil Lanio, CPSI

planio@cityofcrestwood.org

314-729-4863

Recreation Specialist

Sports, Fitness & Facilities

Davvan Butler

dbutler@cityofcrestwood.org

314-729-4865

Recreation Specialist

Aquatics & Programs

Megan Reininger, CPO

mreininger@cityofcrestwood.org

314-729-4864

Recreation Specialist

Special Events & Camps

Tracey Whitaker, CPRP

twhitaker@cityofcrestwood.org

314-729-4862

Inclusion Coordinator

Terri Johnson, CTRS, CPRP

tjohnson@desperesmo.org

314-835-6157

Park Board Members

Debra Hewing, Chair

Dan Krewson, Secretary

Lisa Bozdeck

Zach Fiebig

Brian Koscielski

John Moore

Timothy O'Neil

Aldermanic Representative

Megan Gadallah • Jim Zavist



The new Community Center at Whitecliff Park broke ground May 23 with construction slated to take 18-24 months.

A PLACE FOR PROGRESS:

Prop A In Action

The City of Crestwood is making major park improvements thanks to Proposition A, a \$33 million bond issue approved by voters in April 2024. Guided by the 2023 Parks Master Plan, these projects mark the most significant investment in city parks in decades.

The largest Prop A project, a \$21.3 million Community Center in Whitecliff Park, broke ground on May 23. The new facility will feature modern fitness and recreation amenities, multipurpose rooms, and inclusive design throughout. An outdoor nature playscape will extend programming beyond the building's walls. Construction is expected to take 18–24 months.

The first completed Prop A project, Crestwood Park, opened two new playgrounds in April. Designed with

community input, they offer inclusive equipment for kids of all ages and abilities. A ribbon cutting on May 6 celebrated the project's successful completion.

What's Next?

Once the new Community Center is complete, the next round of Prop A projects will begin, including:

- A pickleball & family games complex at the existing Community Center (2027)
- A walking trail loop to enhance access within Whitecliff Park
- A pedestrian bridge connecting Whitecliff Park to nearby neighborhoods

To learn more, visit cityofcrestwood.org/PropA or follow us on Facebook.

GENERAL INFORMATION

Program Registration

Unless otherwise noted, program and event registration begins September 8 and can be completed online at secure.rec1.com/MO/crestwood-mo, by calling 314-729-4860, or by visiting the Crestwood Community Center in person. Fees for Crestwood residents (R) and nonresidents (NR) are listed throughout the brochure. To receive resident rates, a Crestwood ID card is required; see "Crestwood Resident Benefits" on page 4 for more information.



Policies & Procedures

Scan the QR code to view more details on Crestwood Parks & Recreation's policies and procedures on the City's website.



Inclement Weather Policy

When the Lindbergh School District cancels school, delays its start, or shifts to virtual learning due to inclement weather, all morning programs at the Crestwood Community Center will be canceled, and the building will not open until 10 a.m. A decision about afternoon and evening programs will be made by 11 a.m.

Participants will not be contacted individually unless an instructor

cancels a class while the facility remains open. The Community Center may close at any time if weather conditions create a risk to the safety of guests or staff.

Stay Informed:

- Follow the City of Crestwood Parks and Recreation Facebook page for real-time updates.
- Call 314-729-4860 after 11 a.m.
- Tune in to local media for Lindbergh school closure information.

Inclusive Recreation Services (ADA)

Crestwood Parks and Recreation welcomes individuals of all abilities to participate in our programs, activities, and events.

If you need accommodations due to a disability, please let us know when registering or at least 48 hours in advance. Some modifications—such as inclusion support staff—may take up to two weeks or more to arrange. To request accommodations or notify us of medical needs (e.g., medications or allergies), contact Executive Director, Municipal Partners for Inclusive Recreation Terri Johnson, CTRS/CPRP at tjohnson@desperesmo.org, 314-835-6157 (voice), or use Relay Missouri 711.

For general accommodation questions, you may also call the Crestwood Community Center at 314-729-4860. If we are unable to meet your needs, a formal ADA grievance procedure is available.



ON THE COVER: Help conservation efforts at Crestwood Park on October 4 during the Back to Nature: Honeysuckle Hack. Read more, page 6.

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Crestwood Resident Benefits

Crestwood residents receive discounted, resident rates on passes for the Community Center, Aquatic Center, Kitun Dog Park, as well as facility and pavilion rentals, programs, and events hosted by the Parks & Recreation Department. Residents also get early access to certain program registrations.

To qualify, residents must obtain a Crestwood ID card, which must be renewed annually. Cards are issued at the Community Center with two forms of identification showing name and current address. One must be a valid photo ID; the other can be a voter ID card, personal property tax receipt, or unpaid utility bill. ID cards cost \$5 per household member but are included with the purchase of an All Facility or Recreation Pass.

City Business & Lindbergh Schools Benefits

Nonresidents who work for a business in Crestwood or attend school in the Lindbergh School District are eligible for discounted rates on passes for the Community Center and Aquatic Center.

To qualify for Lindbergh School District rates, individuals must provide two forms of residency verification, including one photo ID with a current Lindbergh School District address. Those who work in Crestwood must provide proof of employment, such as a current pay stub.

Passes & Discounts

The Parks Department offers a variety of passes to help residents and visitors make the most of its facilities. Whether you're looking for

	Resident	Lindbergh/ Businesses	Nonresident
Community Center Day Pass			
Individual	\$3	\$6	\$6
All Facility Pass			
Individual	\$138	\$220	\$248
Family*	\$330	\$495	\$550
Additional Person	\$50	\$50	\$50
Recreation Pass			
Individual	\$115	\$125	\$144
Family*	\$175	\$238	\$256
Additional Person	\$20	\$20	\$20
10 Visit	\$25	\$50	\$50
Tennis Pass			
Individual	\$50	\$65	\$70

**Family is defined as no more than two adults and two dependent children under the age of 23 residing in the same household. Anyone 16 or older included on the pass needs to show proof of residency/eligibility.*

full access to the Aquatic and Community Centers with the All Facility Pass, a more budget-friendly option with the Recreation Pass, or simply want to reserve tennis courts with the Tennis Pass, there's a pass to fit your needs. All passes are nonrefundable.

- **All Facility Pass:** Access to the Aquatic Center, access to the Community Center, allows pass holder to pay resident rates and ability to make tennis court reservations up to one week in advance.
- **Recreation Pass:** Access to the Community Center, allows pass holder to pay resident rates and ability to make tennis court reservations up to one week in advance.
- **Tennis Pass:** Ability to make tennis court reservations up to one week in advance.
- **Senior Discount:** Seniors age 62 or older are entitled to a 10% discount on passes to the Community and Aquatic Center.

Insurance-Based Passes

We proudly partner with several insurance-based fitness programs to offer eligible members free access to the Crestwood Community Center. To register, please bring your insurance card and a valid photo ID to the Community Center front desk. Included amenities:

- Fitness Center
- Open Gym (including pickleball)
- Racquetball Courts
- 50+ Fitness Classes

Accepted Programs

- Prime Fitness (for members of participating health plans and employer groups)
- Renew Active (through UnitedHealthcare)
- SilverSneakers (through qualifying Medicare plans)



COMMUNITY CENTER



Hours of Operation

Monday-Thursday	8 a.m.-9 p.m.
Friday	8 a.m.-6 p.m.
Saturday	8 a.m.-4 p.m.
Sunday	Closed

Holiday Closures

Sep. 1	Labor Day
Oct. 31 (5 p.m.)	Halloween
Nov. 11	Veterans Day
Nov. 27-28	Thanksgiving Holiday
Dec. 24 (noon)	Christmas Eve
Dec. 25	Christmas Day
Dec. 31 (noon)	New Year's Eve
Jan. 1	New Year's Day

Open Play Pickleball

See page 13 for more pickleball programs and events.

Monday	12-3 p.m.
Tuesday	8-11 a.m.
Wednesday	12-3 p.m.
Thursday	8-11 a.m. and 11 a.m.-1 p.m. (beginners open play)

About the Community Center

Built in 1978 and spanning 22,000 square feet, the Crestwood Community Center, located within Whitecliff Park, is a versatile facility offering a variety of amenities for fitness, recreation, and events. Whether you're



Room Rentals

The Community Center has three meeting rooms, a multipurpose room and lounge that are available for rentals. Rooms 106 and 107 can be rented together to make one large room. Rentals can be made up to one year in advance and must be booked at least two weeks prior to the event.

	Open Hourly Rate		Closed Hourly Rate	
	Resident	Nonresident	Resident	Nonresident
One Meeting Room	\$30	\$45	NA	NA
Two Meeting Rooms	\$40	\$55	NA	NA
Three Meeting Rooms	\$55	\$75	NA	NA
Multipurpose Room	\$70	\$85	\$95	\$120
One Athletic Court	\$30	\$35	NA	NA
Two Athletic Courts	\$60	\$70	\$85	\$105

looking to stay active, host a meeting, or enjoy a fitness class, the center has something for everyone. The gymnasium often hosts open pickleball sessions, and you'll also find racquetball courts, meeting rooms, a dance gym, and a fitness center. The Center houses the administrative offices for the Parks & Recreation Department.

- **Fitness Room:** The fitness room is open during the Community Center's regular operating hours.

A guardian must accompany youth ages 12-14. Individuals ages 15-17 must have a parent release form on file to use the facility independently. No one under the age of 12 is permitted in the fitness room.

- **Racquetball:** All-Facility or Recreation Pass holders may reserve a racquetball court once per day, up to one week in advance. Non-members may play on a walk-in basis only, with daily fees applying.

The Community Center Will Be Closed For Winter Cleaning December 11-15.



SPECIAL EVENTS

FREE EVENTS/PROGRAMS

Touch-a-Truck

Friday, Sep. 26 • 5:30-7:30 p.m.

(Honk free 6:30-7:30 p.m.) • Whitecliff Park

Explore the big trucks, emergency vehicles, and equipment that keep our community running!

Kids can climb aboard, honk the horns, and see these machines up close. Don't miss this exciting hands-on event for the whole family!



Movies in the Park: Moana 2

Friday, Sep. 26 • 7:30 p.m. • Whitecliff Park

Join Crestwood Parks & Recreation for an unforgettable Movies in the Park series! Bring your favorite snacks and drinks (no glass containers, please), along with lawn chairs or blankets, and settle in for a fantastic lineup of blockbuster hits.



Citywide Yard Sale

Saturday, Sep. 27 • 8 a.m.-12 p.m.

Registration deadline 9 p.m. Sep. 23

Clear the clutter—it's Citywide Yard Sale time! Register online or by calling the Community Center at 314-729-4860. A map and list of participating addresses will be available Friday, September 26 at the Community Center, on the City's website, and on Facebook. Rain or shine—this event is on!

Letters to Santa

Saturday, Nov. 29-Tuesday, Dec. 16 • Community Center

Kids, here's your chance to send your Christmas wish list to Santa—and get a letter back from the Big Man himself! Include a self-addressed, stamped envelope along with your letter. Santa will reply to all letters received Nov. 28-Dec. 16. To guarantee a return letter before Christmas, all letters must arrive at the Crestwood Community Center by December 16. Mail your letter or drop it off in person at:

Santa Claus

Care of Crestwood Community Center
9245 Whitecliff Park Lane
Crestwood, MO 63126



Doggie Dive

Sep. 4 • 5-7 p.m. • Aquatic Center

Join us for a puppy pool party, with a portion of the proceeds benefiting the Crestwood Animal Shelter! Let your dog splash, paddle, and play in the pool while helping a great cause. Proof of vaccinations required at registration. Each dog must have a handler age 14 or older.

Register by 3p.m. Sep. 4: R: \$10 • NR: \$15
Pay at the gate: R: \$15 • NR: \$20



BACK TO NATURE HONEYSUCKLE HACK

OCT. 4 • 9 A.M.-12 P.M.
CRESTWOOD PARK

Join us in removing the invasive bush honeysuckle shrub, vines, and other non-desirable plants to restore native habitat along the creek! This event is part of a larger conservation effort to improve local green spaces. Volunteers must be 12 or older (children under 16 must have a parent/guardian). Due to steep creekbanks, this event is not recommended for young children or those with limited mobility.



Preregistration encouraged, walk-ups welcome!
volunteer.openspacestl.org/need



Nourish & Move

A Complete Guide to Nutrition & Pilates for Expecting Moms

Support your pregnancy with this two-part course combining expert nutrition tips and gentle Pilates. Ideal for expecting moms at any stage, you'll learn how to ease symptoms, fuel your body, and build strength for labor and recovery.

Part 1: Focus on prenatal nutrition basics, symptom relief, and simple Pilates for flexibility and core support.

Part 2: Prep for labor, postpartum, and lactation with nourishing meals and Pilates exercises to build stamina and promote recovery.

Leave feeling empowered, energized, and ready for your journey into motherhood.

6:30-7:30 p.m. • Tuesdays & Thursdays • Community Center

Session 1: Sep. 16-Oct. 9 • Session 2: Oct. 14-Nov. 6

Price: R: \$13/class (\$104 session) and nonresidents \$16/class (\$128/session)



HALLOWEEN

NERF WARS

OCTOBER 30

6:30-8 P.M.

FEE: \$12



(Ages 6+) Get ready for a frightfully fun night of foam-flinging mayhem! Join us for a haunted Nerf War where ghouls, goblins, and ghostbusters battle it out for victory. Bring your best aim—and your best costume—as you dodge darts in the dark. Safety glasses and darts are provided. Costumes are encouraged, but make sure you can move like a monster!



NOT YOUR Grandma's BINGO!



(Ages 18+) Join us for a night of word bingo and other entertaining games! Prizes will be awarded to game and round winners, and bingo daubers will be provided. Come dressed in your best grandma or grandpa costume and enter our costume contest! Food and drinks are welcome (no glass containers).

November 14 • Doors Open 6:30 P.M. • BINGO Starts 7 P.M.

SPECIAL EVENTS

BEER • LIVE MUSIC • FOOD TRUCKS



BLUES & BREWS

WHITECLIFF BASH



October 11 • 2-5 p.m.
Whitecliff Quarry

\$30 advance purchase • \$35 day of event
NA wristbands \$15

Enjoy live music, yard games, food trucks, and tastings from Blue Jay Brewing Co. Wristband purchases include admission, 4 oz. tasting glass, 10 tastings, and one (8 oz.) beer of choice. Ciders, seltzers, and draft beer will also be available for purchase. Non-alcoholic wristbands include tasting glass, three pours and one (12 oz.) can of NA beer of choice.

This event is 21+ ONLY. Anyone underage will not be admitted.



PRESENTED BY



Windows & Doors
of St. Louis

Saturday, Oct. 25
Festival Fun For All Ages!



10:15 A.M. PARADE BEGINS

From Southview School to Truman Middle School

11 A.M.-6 P.M. FAIRGROUNDS OPEN

Kitun Park, 12343 Eddie & Park Road

Car Show • Trunk-or-Treat • Ice Rink • Corn Maze
Climbing Wall • Slides • Skill Games
Agility Courses • Live Music • Food Trucks

Festival entry is Free!

Cash required for activities, ice rink, games, and food.

All Day Attraction Bracelet
In Advance: \$25 • Day of Event \$30

Attraction Bracelets can be pre-purchased at
Sunset Hills Community Center or
Crestwood Community Center
Bracelets do not include food or drinks.
Bracelets valid all day for all inflatable activities
and ice rink. Non-transferable once fastened to wrist.

For more information, visit suncrestFest.org

WHIMSICAL WRAPPING & CRAFTY CREATIONS

**Wednesday, Dec. 3 • 6–9 p.m.
Community Center**

Do you have holiday parties on the horizon and need some fresh hostess or creative teachers gift ideas? Well look no further- together we will learn how to make three creative, yet affordable hostess gifts while learning how to wrap them like a pro! Need to wrap weird shaped items, items with no box, or even wrapping to disguise the surprise? We've got you covered!

Fee: R: \$50 NR: \$60

Holiday Light Scavenger Hunt

**Friday, December 19
6:30–8 p.m.
Community Center**

Preregister by Monday, December 15
(All Ages) Kick off the season with a festive, citywide scavenger hunt! Meet at the Community Center to pick up your list of clues and official rules. Then, hop in your car and set out to spot as many holiday lights and decorations as you can in one hour. After the hunt, return to the Community Center for cookies, hot chocolate, and the awards ceremony! The car with the most points will win a special prize—and every participant will receive a limited-edition Crestwood Holiday Light Scavenger Hunt Ornament.
Fee: \$6/person

Candy Cane Hunt

**Saturday, Dec. 20 • 10–11 A.M.
Whitecliff Park**

(Ages 3–6) Rudolph and his friends have been playing reindeer games—and now Santa's candy canes are missing! We need your help to find them all before Christmas. Join us for a festive morning at Whitecliff Park filled with candy cane hunting, prizes, and holiday fun.

Fee: R: \$10 • NR: \$12

HOLIDAY PUZZLE PALOOZA!

**SATURDAY, DEC. 20
6:30–10:30 P.M.
COMMUNITY CENTER**

(Ages 6+) Got the puzzle bug? Gather your family or friends for a festive evening of fun and friendly competition! Each team will receive the same mystery holiday-themed puzzle, wrapped and ready to go. When the buzzer sounds, unwrap your puzzle and start piecing it together. The first team to complete their puzzle wins a prize—but everyone gets to take their puzzle home! You're welcome to bring your own snacks and drinks to enjoy while you puzzle.

Fee: \$60/table



YOUNG OLYMPIANS

WEIGHTLIFTING FOR KIDS

Mondays, 6-7:30 p.m.
Wednesdays, 4-5:30 p.m.

Session 1: Sept. 3-29
Session 2: Oct. 1-27
Session 3: Oct. 29-Nov. 24

This fall, give your child the opportunity to build strength, confidence, and coordination through our new Young Olympians program! Designed for ages 8 to 16, this fun and progressive class teaches the fundamentals of fitness and introduces kids to Olympic weightlifting in a safe, supportive environment.

Led by certified instructors from Strength Works in St. Louis, participants will improve physical fitness, learn proper lifting techniques, and develop discipline and body awareness, all while having fun!



Cost (per session):

R: \$160 (\$20/class) - NR: \$200 (\$25/class)

Scholarships may be available for individual sessions for at-risk youth.
 Email dbutler@cityofcrestwood.org for more info.

Dance Classes

TUESDAYS:

Session 1: Sep. 2-Oct. 7*

Session 2: Oct. 21- Dec. 2 (No class Nov. 4 or 25)

- Ages 4-5: 5-5:45 p.m.
- Ages 6-7: 5:45-6:30 p.m.
- Adult Ballet: 6:30-7:15 p.m.
- Choreography: 7:30-8:30 p.m.

WEDNESDAYS:

Session 1: Sep. 3-Oct. 8*

Session 2: Oct. 22-Dec. 3 (No class Nov. 26)

- Ages 6-7: 5:45-6:30 p.m.
- Ages 8-9: 6:30-7:15 p.m.
- Ages 10+: 7:15-8:15 p.m.

THURSDAYS:

Session 1: Sep. 4-Oct. 9*

Session 2: Oct. 23-Dec. 4 (No Class Nov. 27)

- Ages 4-5: 5:45-6:30 p.m.
- Ages 8-9: 6:30-7:15 p.m.
- Adult Tap: 7:30-8:15 p.m.

Whether your child is just starting out or already a seasoned dancer, this community-based program offers a fun, welcoming environment for all skill levels. Each session includes five dance classes. Instructor Sandy Book looks forward to seeing you on the dance floor! Attire requirements: Ladies: Leotards, tights, pink ballet shoes, and black tap shoes for all classes. Gentlemen: Black pants, white shirt, and black or nude ballet and tap shoes.

**Session 1 will meet five times over six weeks, with one week off to be determined at a later date.*

Fee (per session): \$50- NR: \$62

Pint Size Party: Fall Fun

Monday, Sep. 15 • 6-7 p.m. (Preregister by 5 p.m. Sep. 10)

(Ages 2-5) Let's party! Enjoy themed arts and crafts, snacks, games, and free play. Preregistration and parent involvement are required.

Fee: R: \$6 NR: \$8

Trail Time

Saturday, Oct. 11 • 10-11 a.m. • Saturday, Nov. 1 • 10-11 a.m.

(All Ages) Come together with other families to sing songs and play games while learning about nature through trail walks and outdoor activities at Whitecliff Park!

Fee per session: R: \$6 • NR: \$8

YOUTH PROGRAMS

Gymnastics

TUESDAYS:

Session 1: Sep. 23-Oct. 21 (*Make-up Oct. 28*)

Session 2: Nov. 11-Dec. 16 (*No class Dec. 9, Make-Up Dec. 23*)

Session 3: Jan. 13-Feb. 10 (*Make-up Feb. 17*)

- Parent Tot: 4:30-5:20 p.m.
- Parent Tot & Level 1: 5:30-6:20 p.m.
- Level 1 & 2: 6:30-7:20 p.m.
- Level 2: 7:30-8:20 p.m.

THURSDAYS:

Session 1: Sep. 25-Oct. 23 (*Make-up Oct. 30*)

Session 2: Nov. 6-Dec. 18 (*No Class Nov. 27 or Dec. 11*)

Session 3: Jan. 15-Feb. 12 (*Make-up Feb. 19*)

- Parent Tot: 4:30-5:20 p.m.
- Parent Tot: 5:30-6:20 p.m.
- Level 1 & 2: 6:30-7:20 p.m.

All levles are instructed by Just This, LLC.

Parent & Tot: (Ages 3-5) This class improves gross motor coordination through gymnastics skills and equipment, helping young learners build a foundation in tumbling and use apparatus like the balance beam. Parents are asked to assist.

Level 1: (Ages 6-12) This program introduces gymnastics, giving your child a foundation in the balance beam, uneven bars, and vault.

Level 2: (Ages 6-12) This program is for students with prior gymnastics experience, including cartwheels, roundoffs, and forward rolls. A coach's recommendation and completion of Level 1 are required.

Fee (per session): R: \$60 • NR: \$72

Tot Time Open Gym

Fridays, Oct. 17-Mar. 20 • 10 a.m.-12 p.m.

(Ages 5 and Under) This open gym time gives tots the chance to play, explore, and socialize using age-appropriate gym equipment. The environment is active, fun, and engaging. Parental involvement is required. Please note there is a maximum of two children per adult.

Fee: R/NR: \$2

Sweetheart Dance

Saturday, February 7 • 4:30-7 p.m.

Tickets available Jan. 2-Feb. 2, while supplies last.

(All Ages) Bring your little sweetheart to the Crestwood Community Center for a special evening of music, food, fun, and dancing! Proceeds support the Whitecliff Summer Playhouse.

Fee: \$35/couple • \$15/additional child

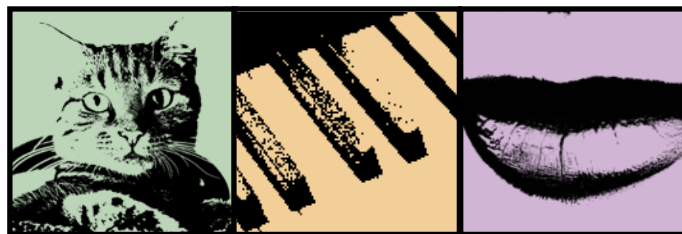
Kids Garage Sale



Saturday, Nov. 8 • 10 a.m.-1 p.m.
Community Center • Booth Fee: \$10

(Ages 7-12) Are you a young entrepreneur ready to earn some cash? Run your own booth at Crestwood's Kids Garage Sale! While an adult must be present, participants will take the lead in organizing and managing their own sale. Each space includes one 8-foot table to display gently used clothes, toys, and other kid-friendly items. At the end of the event, donation bins will be available for any unsold items you'd prefer not to take home.

LIVING MY PAMPERED ERA



Hey Swifties in Grades 4-8! Get ready to channel your inner glam queen with DIY spa goodies like bath bombs, lip gloss, or lotion—plus sweet treats and Eras Tour tunes! Enjoy a mani or pedi and take home two handmade spa treasures. Space is limited—enroll today!
Participants must be in Grades 4-8 to register.

Saturday, Jan. 24 • 1:30-3:30 p.m.

FEE: R: \$35 • NR: \$42

FITNESS

Tai Chi for Rehab & Parkinson's**Session 1: Tuesdays, Sep. 2-Oct. 21****Session 2: Tuesdays, Oct. 28-Dec. 16** *(No class Dec. 9)***1:45-2:45 p.m. • Community Center**

Tai chi can help improve balance, posture, and mobility, benefiting those with Parkinson's disease or recovering from injury. Caregivers are encouraged to join. Register at st-louis.oasisnet.org or call (314) 687-1137.

Fee session 1: \$68 • Fee session 2: \$60**Rev&Flow****Tuesday, Sep. 9-Dec. 2** *(No class Sep. 23, Nov. 11, 25)***5:30-6:30 p.m. • Community Center**

Instructed by Marie Valentine-Elam, REV + Flow combines controlled, intentional movements with upbeat energy to improve coordination and mobility while challenging your body in a safe and inspiring way. All fitness levels welcome.

Fee: R: \$60 NR:\$70**Ageless Strength & Balance (50+)****Session 1: Wednesday, Sep. 24-Oct. 15****Session 2: Wednesday, Oct. 22-Nov. 12****10-11 a.m. • Community Center**

This class focuses on building strength, improving balance, and enhancing overall well-being in a safe and supportive environment. All exercises can be modified to accommodate different fitness levels, injuries, or physical limitations.

Fee per session: R: \$28 • NR: \$36**Pilates - All Levels****Tuesdays, Thursdays • 8:30-9:20 a.m. • Community Center****Session 1: Sep. 16-Oct 9** *(No class Sep. 18)***Session 2: Oct 23-Nov 18** *(No class Nov. 11)***Session 3: Nov 25-Dec 30** *(No class Nov. 27, Dec. 9, 11, 25)*

(Ages 14+) Whether you're new to fitness or looking to deepen your Pilates practice, this class provides a low-impact yet effective way to improve strength, flexibility, posture, and core stability. Instructors offer modifications and progressions to accommodate individual needs and fitness levels, ensuring a safe and challenging workout for all participants.

Fee per session: Drop-In: \$6 • R: \$35 • NR: \$48**Balance & Flexibility****Fridays, Sep. 12-Dec. 19** *(No class Oct. 17, Nov. 28, or Dec. 12)***10-10:50 a.m. • Community Center**

Through 10 carefully structured classes, you'll learn exercises that promote balance and core strength, helping you stay steady on your feet.

Fee: R: \$66 • NR: \$80**Full Body Boot Camp****Tuesdays, Thursdays • 9:30-10:30 a.m. • Community Center****Session 1: Sep. 16-Oct 9** *(No class Sep. 18)***Session 2: Oct 23-Nov 18** *(No class Nov. 11)***Session 3: Nov 25-Dec 30** *(No class Nov. 27, Dec. 9, 11, 25)*

(Ages 14+) This high-energy, circuit-style workout combines cardio and strength training to challenge your entire body. Expect a dynamic mix of bodyweight exercises, cardio bursts, and resistance training for a comprehensive workout designed to improve strength, endurance, and agility. All fitness levels are welcome and exercises can be modified to suit individual needs.

Fee per session: Drop-In: \$6 R: \$35 • NR: \$48**50+ Fitness Class****Mondays, Wednesdays, Fridays • Oct. 29-Dec. 31***(No class Nov. 11, 27, 28, Dec. 8, 10, 12, and 25)***9-9:50 a.m. • Community Center**

These 30 class sessions feature stretching and toning exercises guided by an audio program. Participants should bring a large towel or mat. Included in SilverSneakers, Renew Active, OnePass, and Prime memberships. Please scan your pass before each class.

Fee per session: R: \$17 • NR: \$23

SENIOR PROGRAMS

American Mahjong**Wednesdays • Noon-3 p.m.** *(No club Dec. 10)***Community Center**

Those interested in learning to play mahjong are welcome to join. Beginners will receive instruction, and players familiar with Asian or other styles are encouraged to share their knowledge. Participants are invited to bring their own mahjong sets.

Annual fee: R: \$18 • NR: \$25 • Per visit fee: R/NR: \$1

WELLNESS, PICKLEBALL & MORE

Pinochle

Mondays • 11 a.m.-3 p.m. (No club Dec. 8) • Community Center

Join friends Monday afternoons at the Community Center to play pinochle. All skill levels welcome.

Annual fee: R: \$18 • NR: \$25 • Per visit fee: R/NR: \$1

Lunch and Bingo

First Thursday of the month • 11:30 a.m.-1:30 p.m.

Webster Groves Recreation Complex

Join us for two hours of bingo, socializing, and lunch. Advance registration is required by calling (314) 963-5600, with a deadline of the Monday before the event.

Fee: \$10

PICKLEBALL

(View Community Center open play schedule, page 5)

Pickleball League

Fridays, Sep. 5-Oct. 3 • 5:30-7:30 p.m.

(Ages 18+) We offer 2v2 Coed, for intermediate players and above, with two matches per night, and each match consists of 3 sets to 11 points. The league plays two matches per night & will play 3 of 3 sets. Each set is to 11 points. Subs are allowed during regular season play, however, only your rostered players may participate in the playoffs. Players must bring their own paddles; balls will be provided. The league runs for four weeks. The fifth week is the playoffs.

Fee (per team): R: \$80 • NR: \$100

Ugly Sweater Pickleball Party

Thursday Dec. 4 • 11 a.m.-2 p.m.

Lunch will be provided and please bring a potluck dessert. We will also have a dessert contest and an ugly sweater contest. Preregister at the Community Center.

Fee: FREE

Vetta Pickleball Clinic

TBD

Intro: 6-7 p.m. • Novice: 7-8 p.m. • Community Center

(Ages 18+) These clinics, led by Vetta Sports-certified pros, will help you improve skills such as serving and returning. Designed for beginner to advanced players, these clinics foster a supportive learning environment.

Fee: R: \$90 • NR: \$108

TAEKWONDO

Taekwondo

Session 1: Tuesdays/Thursdays, Oct. 14-Jan. 27

(No class Nov. 11, 27, Dec. 9, 11, 23, 25, 30, or Jan. 1)

Ages 6-12: 6-7 p.m. • Ages 13+: 7-8 p.m.

Community Center

(Ages 6-12 & 13+) Taekwondo is a disciplined martial art that emphasizes conditioning, stretching, and kicking techniques. Instructed by 6th-degree black belt Grant Meenach, this program is ideal for the whole family and helps build self-confidence. Participants must wear a uniform, typically costing \$40. Visit mdkcrestwood.com for more information.

Fee per session: R: \$66 NR: \$88

DON'T MISS YOUR CHANCE TO WIN ONE OF OUR DOOR PRIZES!



Back in Action Low Back Pain & Injury Expo

**Saturday, November 1 • 9 a.m.-1 p.m.
Community Center**

The Back in Action: Low Back Pain & Injury Expo is a one-stop event focused on helping individuals of all ages manage, treat, and prevent low back pain. This free, interactive expo brings together a wide range of allied health professionals and service providers—giving visitors the chance to sample services, speak with experts, and explore solutions to improve their well-being. Want to be a vendor at the Expo? Scan the QR code to fill out an application. Vendor registration for this event will end on Sep. 15.

**For more information, contact Davvan Butler
at dbutler@cityofcrestwood.org.**

Crestwood Parks System

Whitecliff Park: 5:30 a.m.-11 p.m.
year round

Other City Parks:

- 6 a.m.-10 p.m. May 1-Aug. 31
- 6 a.m.- 9 p.m. Sep. 1-Apr. 30

Restrooms open seasonly Apr. 1-Oct. 30

Whitecliff Park

9245 Whitecliff Park Lane

Whitecliff Park is the premier destination in the Crestwood Parks system, spanning 85 acres and offering a wide range of recreational opportunities. Home to the Crestwood Community Center and Aquatics Center, the park features pavilions, sports courts, walking trails, and a scenic quarry fishing hole.

Crestwood Park

9700 Meadowfern Drive

Spanning 21 acres, Crestwood Park is a vibrant community space offering a variety of recreational opportunities for all ages. Whether you're looking to enjoy a leisurely walk, play a game of disc golf, or gather with friends and family, the park has something for everyone.

Ferndale Park

974 Liggett Avenue

Nestled between Ferndale and Briarton, Ferndale Park is a charming 1-acre pocket park perfect for families and outdoor play. With a safe and engaging playground, along with a picnic area, it's a great spot for a quick outdoor escape.

Historic Sappington Park

1015 Sappington Rd.

The City of Crestwood is proud to include Historic Sappington Park in its park system. The City owns the site and partners with the Sappington

PAVILION & VOLLEYBALL RESERVATIONS

Pavilions at Crestwood and Whitecliff parks accommodate up to 75 people and can be reserved up to a year in advance. Only residents may reserve Whitecliff Park Playground Pavilion or Crestwood Park Lower Pavilion more than 60 days out. Reservations must be made in person at the Community Center at least 72 hours in advance. No refunds or rescheduling for weather. All pavilions have electricity. A Special Use Permit is required for inflatables, tents, live music, sales, fees, or special events. Contact the Community Center for details.



Whitecliff Park Quarry Pavilion

	Resident	Nonresident
Crestwood Park Upper/Lower Pavilions or Whitecliff Park Quarry/Kiwanis/Playground Pavilions	\$60/day	\$120/day
Sand volleyball at Whitecliff Park	\$6/hour	\$10/hour

House Foundation for its operation and maintenance. For more information, see page 15.

Rayburn Park

746 Rayburn Avenue

Rayburn Park is a 3.3-acre neighborhood park featuring a hilly, shaded landscape and play areas designed for children of all ages. With two distinct playgrounds and a paved walking path, it offers a welcoming space for families to enjoy the outdoors.

Sanders Park

494 Sanders Drive

Sanders Park is a 4.2-acre neighborhood park offering a variety of recreational opportunities. With two playgrounds, sports courts, a walking path, and a picnic pavilion, it provides a welcoming space for both play and relaxation.

Spellman Park

1050 Spellman Avenue

Spellman Park is a 3-acre neighborhood park offering a mix of recreational activities and open green space. With a playground, sports courts, a walking path, and a scenic pond, it's a great spot for families and outdoor enthusiasts.

Kitun Dog Park

**12343 Eddie and Park Road,
Sunset Hills, MO 63127**

Kitun Dog Park is a 4-acre fenced in area for dogs to play off leash. The park is separated into two areas; one for large dogs and another for small dogs. In partnership with the City of Sunset Hills, Crestwood residents receive resident rates for annual memberships. Tags are available for purchase at the Sunset Hills Community Center, 3915 S Lindbergh Blvd, St. Louis, MO 63127.

HISTORIC SAPPINGTON PARK

Sappington House Museum Tours

Wednesday-Friday, Third Saturday • 11 a.m.–2 p.m.

Step back in time with a tour of the historic 1808 Thomas Sappington House, a beautifully preserved two-and-a-half-story brick home. Group tours available by appointment with site manager Sally Cakouros at 314-822-8171. Can't make it in person? A 19-minute DVD tour is available in the **Library of Americana and Decorative Arts**. Don't forget to browse the **Loft Gift Shop** inside The Barn.

Fee: Adults \$5 • Children \$1

Sappington House Foundation

Dedicated to preserving Crestwood's heritage, the Foundation offers memberships and volunteer opportunities. To learn more, call 314-822-8171 or email info@historicsappingtonhouse.org.

The Barn Restaurant

Mon, Wed-Fri: 8 a.m.–1:30 p.m. • Sat-Sun: 7 a.m.–1:30 p.m.

Enjoy fresh, homestyle cooking indoors or on the patio, from hearty breakfasts to satisfying lunches—and don't miss the in-house desserts. **Order online or join the waitlist at crestwoodbarn.com.**

Rentals & Catering

Historic Sappington Park offers a picturesque setting for outdoor events, while The Barn provides cozy, catered indoor space. Host weddings, showers, receptions, or brunches with help from proprietor Brad Krueger and team. For rentals, contact Historic Sappington Park at 314-822-8171 or The Barn at 314-966-8387.

Outdoor Concert with Ghost Kitchen

Friday, Oct. 17 • 6–9 p.m. (Gates open 5 p.m.)

Enjoy classic hits from the Grateful Dead, Tom Petty, and more while supporting the 2026 reconstruction of the 1816 Joseph Sappington Log House. Bring lawn chairs, food, and drinks. Tickets sold at the gate.

Fee: Adults \$20 • Under 12 Free

Spirits of Sappington House

Saturday, Oct. 25 • 5:30–8:30 p.m.

Dare to explore the haunted halls of Sappington House. Meet historical figures, view eerie medical tools, visit Father Dickson Cemetery, and hear dramatic Poe recita-

tions by Anne Williams. Seasonal treats served. Tickets at historicsappingtonhouses.org/spirits-of-sappington or call 314-822-8171. Tickets also available at the door.

Fee: Adults \$8 • Under 12 Free



Gingerbread House Demonstration & Decorating

Wednesday, Nov. 12 • 6 p.m. • The Barn

Join chefs Bernard DeCoster and Keith Gerst for a hands-on gingerbread class. Learn their decorating techniques and take home your own gingerbread house. Supplies provided; optional: bring your own glue gun and decorations. Reservations at 314-822-8171, space limited to 15.

Fee: \$30

A Spirited Holiday Past

Saturday, Dec. 6 • 10 a.m.–4 p.m.

Experience early 1800s holiday traditions with live carols, historic décor, treats, and gingerbread displays. One of 25 regional tour sites. Partially handicap accessible.

Fee: Adults \$8 • Under 12 Free

Gingerbread Village Display

Dec. 6–21 • Library of Americana (during open hours)

Submit your gingerbread house Dec. 2–6 for display through Dec. 21. Pick up your creation in time for the holidays.

Day Trip: Quaint Country Churches

Thursday, Dec. 18 • 9:30 a.m.–8 p.m.

Departs from Crestwood Government Center, 1 Detjen Dr. Travel by motorcoach to Apple Creek for a guided tour of country churches decked in holiday décor. Enjoy a home-style meal and shop handmade crafts. Weather permitting. Register by Dec. 9 at historicsappingtonhouses.org/trip-to-churches or call 314-822-8171.

Fee: \$85 • Reservation required, no refund after Dec. 9

Scenes from A Christmas Carol

Dec. 20–21 • 6 & 7 p.m.

Walk through five rooms of Sappington House as A Christmas Carol unfolds around you, with storyteller Anne Williams, live performances, tea and scones in The Barn, and shopping in the Loft. Limited to 12 guests per show; no seating. Tickets at historicsappingtonhouses.org/scenes-from-carol or call 314-822-8171.

Fee: \$25 (Reservations required, no refunds)



REGISTRATION OPENS 8 A.M. JAN. 13 (Crestwood Residents) **OR JAN. 20** (Nonresidents)
online at cityofcrestwood.org/register or in person at the Community Center!



CRESTWOOD
Parks and Recreation

SESSION 1: June 8–July 3
SESSION 2: July 6–July 31

Whitecliff Park • 9 A.M.–3 P.M. Daily
Extended Care 7:30–9 A.M. AND 3–5:30 P.M.

Camp Fee (per session): R: \$415 • NR: \$465

Extended Care Fee*: R: \$280 • NR: \$310

**Per session, covers both before and after camp care.*

Get ready, kids—Camp Crestwood is almost here! The 2026 season is shaping up to be a summer of fun, friends, and adventure. Campers can look forward to outdoor games, nature activities, field trips every other week, and plenty of splashing at the Crestwood Aquatic Center. Most of the fun happens outside at Whitecliff Park, with indoor options available in case of bad weather. Camp are for kids entering 1st through 6th grade in Fall 2026. Pack a lunch, snacks, and a water bottle each day. **PLEASE NOTE:** No discounts or prorated rates will be offered.